Inpatient Mental Health Providers

Description of Inpatient Mental Healthcare

Inpatient mental and behavioral health providers may include residential treatment centers, psychiatric hospitals, crisis stabilization units, crisis respite units, emergency observation units, partial and intensive outpatient services, or others. The age range of youth served is based on individual facility though are generally ages 4 and up.

Screener vs. Assessment

Screener
- Widely administered
- Brief
- Easy to complete
- Gives yes or no information
- Focused on a specific topic

Assessment
- Targeted administration
- In-depth
- Requires training to administer
- Gives unique client picture
- Informs treatment
- Completed over 1-3 visits

Recommendation

Universal trauma screening, or screening of all clients that receive inpatient mental or behavioral health services, is recommended because a high number of youth who need inpatient treatment have experienced some sort of trauma in their lifetime. Additionally, there are other factors, such as multiple placements and experiences with restrain and seclusion, which add to the likelihood that clients in this setting have experienced trauma. For youth that screen positive for trauma, more intensive assessments are available and can be administered by a mental health professional.

Potential Trauma Screening Tools (* indicates availability of tool in other languages)

- *Pediatric Emotional Distress Scale (PEDS) - http://www.nctsnet.org/content/pediatric-emotional-distress-scale
- *Child Behavior Checklist (CBCL) for ages 1½–5 http://www.aseba.org/forms/preschoolcbcl.pdf
- *Child Behavior Checklist (CBCL) for ages 6-18 - http://www.aseba.org/forms/schoolagecbcl.pdf
- *Pediatric Symptom Checklist - http://www.massgeneral.org/psychiatry/services/psc_forms.aspx
- *Patient Health Questionnaire (PHQ-9 & PHQ-2) - http://www.phqscreeners.com
- *Generalized Anxiety Disorder Screener (GAD-7) - http://www.phqscreeners.com

- *Child Reaction to Traumatic Events Scale (CRTES) - http://alrest.org/pdf/CRTES.pdf
- *Children's Revised Impact of Event Scale (CRIES) - http://www.childrenandwar.org/measures/children%E2%80%99s-revised-impact-of-event-scale-8-%E2%80%93-cries-8/
- *Strengths & Difficulties Questionnaire (SDQ) - http://www.sdqinfo.com

Questions to Consider Before Implementation

- How can our organization integrate screening into our current systems?
- Who is responsible for distributing the trauma screener?
- How will you use the information and data collected to guide service delivery?
- Who is alerted if there is a positive screening?
- Will you track number screened versus the number who screen positive for trauma?